

SAINT ANDREW'S

EPISCOPAL CHURCH, SEATTLE

MONTHLY THE LOG NEWSLETTER

Thursday, December 2, 2021

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Rector's Reflections

Advent is a season of watching and waiting. But, most of us do not like to wait. I certainly don't like waiting at all. I am impatient and much too busy. Furthermore, in our current era of technology, we expect immediate responses and instant gratification. This makes Advent the most counter-cultural season of our liturgical year. Watching and waiting in joyful hope for the great *adventus*, or "coming," of our Lord Jesus is antithetical to the frantic buying, decorating, and preparing for the secular Christmas holiday. We are invited to slow down, watch, wait, and search time for hope.

We are hearing from the Gospel of Luke in our new liturgical year (Year C). More than any other Evangelist, St. Luke insists that we search time itself for hope. The good news he seeks to share is not an ageless truth, not a new insight into the human condition. No, it is an event, one that changes everything. One that can, and must, be located at a particular moment in time.



The Gospel we hear this Sunday (Luke 3: 1 – 6) carefully situates this event into time.

*In the fifteenth year of the reign of Tiberius Caesar,
when Pontius Pilate was governor of Judea,
and Herod was tetrarch of Galilee . . .
the word of God came to John the son of Zechariah in the desert (3:1-2).*

Jesus is the “event” we have been longing for and he is the source of our hope. St. Luke understands the life, death, and resurrection of Jesus to be the advent of a new and final exodus. This one, comes out of time itself. Unlike his Jewish contemporaries, John comes preaching a baptism that is not to be repeated, because now the time has come for true repentance, a final turning away from sin. Just as the prophets had promised, God is opening a new way, out of exile, back into fullness of life.

*Prepare the way of the Lord,
make straight his paths (Lk 3:4).*

As we live through and emerge from pandemic, social unrest, racial, economic, and political injustice, we recognize that God offers us hope and a new way to live. Jesus is our “way and our truth and our life!” (John 14:6). We are waiting and longing for Jesus, but we are also searching for a new and better way to live, together.

Jesus came to us in time but the purpose and meaning of our lives are not products of time. They arise from time’s origin and destiny. St. Luke wants us to understand that long ago, a way forward, a way out of time itself, appeared in time. In Jesus, Divinity has joined itself to Humanity by a bond that can never be broken. Every human experience has been touched by God **from the inside**. Jesus, born in time is the Word made flesh. He enters time. He is our way forward, beyond time itself. I can wait for that!

Musings of Mother Danée



First Coming **Madeleine L'Engle**

He did not wait till the world was ready,
till men and nations were at peace.
He came when the Heavens were unsteady,
and prisoners cried out for release.

He did not wait for the perfect time.
He came when the need was deep and great.
He dined with sinners in all their grime,
turned water into wine. He did not wait

till hearts were pure. In joy he came
to a tarnished world of sin and doubt.
To a world like ours, of anguished shame
he came, and his Light would not go out.

He came to a world which did not mesh,
to heal its tangles, shield its scorn.
In the mystery of the Word made Flesh
the Maker of the stars was born.

We cannot wait till the world is sane
to raise our songs with joyful voice,
for to share our grief, to touch our pain,
He came with Love: Rejoice! Rejoice

This is one of my favorite poems of Advent and Christmas. It’s a timely reminder that neither each of us nor the world needs to be perfect before God is present. In fact, it is quite the opposite. We are living in a broken world that needs the brilliance of God’s love. How will each of us be spreading this illumination during Advent and Christmas?

To help inspire us, I have gathered together a number of resources for online and in home Advent calendars and activities to share with you in hopes that you may find something that works with your schedule and family (human or furry) to slow down and savor this season of preparation for the light in the darkness—Jesus—to be born anew.

ONLINE RESOURCES

Arts & Faith Advent: <https://www.loyolapress.com/our-catholic-faith/liturgical-year/advent/arts-and-faith-advent>

God Space Light (our very own Christine Sine's site): <https://godspacelight.com/advent-christmas-new-year-epiphany/>

#AdventWord: <https://adventword.org/en/home/>

Abbey of the Arts: <https://abbeyofthearts.com/>

Jan Richardson – Illuminated 2021: <https://www.janrichardson.com/illuminated2021>

Diocese of Olympia Advent Resource Page: <https://ecww.org/advent-resources/>

The Daily Office delivered into your inbox throughout Advent and the rest of the year: <https://dailyoffice.org/>

Celtic Advent <https://saintsbridge.org/>

Advent Reflections – based on the women named in Matthew's genealogy of Jesus, from Liz Crumlish: <https://drive.google.com/file/d/13q63PkXhrnTTqEeAjTq1ivNZgl-rosbA/view?fbclid=IwAR2qUSce8eWGuIYLC4tRD2L4Ewmh0nmpdNhlkoGwG384o1B84VN2snVRAw>

Self-Care Advent Calendar and Weekly Advent prayers from Rachael Keefe:

https://beachtheology.com/2021/11/19/self-care-advent-calendar-2021-and-weekly-advent-prayers/?fbclid=IwAR2yZ5V_DqUBlicEdwpe1-ViYUohkAAG0mpUIIZEGN0CsLMg2-bmEN4I348

Advent Study by Elena Keppel Levy: https://somuchbible.com/lessons/animals-at-the-manger/?fbclid=IwAR3IJuq6fUcPOvJI01rIA6Gpb2dAjxnkxfHIufWRNso6O2M_YYP9kOr3s6I

Haikus for Advent, by Sarah Agnew: <https://praythetory.blogspot.com/2021/11/held-safe-haikus-for-advent.html?m=0&fbclid=IwAR2xJfdTrrx8zZkOi04NuBqDzKBTchStIYJ-9g5ZGGxy3ZICFa8YoSIPkis>

IN HOME RESOURCES

Advent Candle Lighting Resources

Advent for Uncertain Hearts, by April Fiet: https://aprilfiet.com/my-thoughts/advent-for-uncertain-hearts-an-advent-candle-series?fbclid=IwAR19CgREIR86luGrpK0thla-ET3m8895vmsE6WYZSuOuZII5bHI_v0lroaM

Advent Candle Liturgy based on The Women's Lectionary, Year W, by Gord Waldie:

https://worshipofferings.blogspot.com/2021/11/advent-candles-2021-working-with-year-w.html?fbclid=IwAR1bUQNf3mOIm65aH6PB7u4EerhPtG6ovX7Rirffh_3Y56tkFuMHG0zgvW4

New Advent Candle Lighting Song from Elana Keppel Levy: https://somuchbible.com/music/candles-glowing/?fbclid=IwAR2EnqAhGBG_9eD_iJxLZZ9TJF-nncNCiWS3nqgDDbOXleowt91IXhleS6c

Printables For Kids and Families

Reverse Advent Calendar for food donations from The Episcopal Church in North Texas:

<https://www.stmartininthefields.org/wp-content/uploads/2021/11/Reverse-Advent-Calendar-2021.pdf>

Various printable resources for coloring and learning: <https://www.myjoyfilledlife.com/printable-advent-calendars/>

Advent Calendars for the Whole Family

Rooted Ink has created the best family with kids Advent calendar for your home that I have found yet! It depicts the Holy Family, Wise Men, and Shepherds in an historically accurate way (read: not white) and has angels depicted in a variety of skin tones. This calendar is not numbered so that each family can decide the activity they want to do based on their schedule. Each card includes a scripture verse, activity, and prayer:

https://www.etsy.com/listing/643755504/advent-calendar-activity-pack?ref=yr_purchases

For those that are interested in saints, this traditional Advent calendar by Liturgy Training Publications is terrific:

<https://ltp.org/products/details/ADCAL/fling-wide-the-doors>

Finally, for our furry friends:

Dogs - <https://www.thesprucepets.com/best-pet-advent-calendars-5082653>

Cats - <https://www.dailypaws.com/gear-apparel/pet-gifts/11-cat-advent-calendars-for-a-purrfect-christmas-countdown>

Be peace, be light, be love!

~Mo. Danae+

Children, Youth, & Families

Christmas Pageant

December 24th at 4PM



Thank you to all of those of you who registered to participate in this year's Christmas Pageant that will take place on December 24th at 4PM.

Please plan to attend the following rehearsals:

December 12th at 11:30AM in the sanctuary: individually labeled costumes and printed scripts will be

available in the library. We will practice music and run through lines. If you do not have a speaking role, you are encouraged to come and learn the music and make sure your costume fits. After that, you may go home. Those who are reading or are acting, please plan to stay for the entire rehearsal.

December 19th at 11:30AM in the sanctuary: All cast rehearsal. Costumes will be available again for those unable to attend the first rehearsal.

December 24th: Please plan to arrive between 3:30PM and 3:40PM to put on your costumes and to get ready.

Seeking Ironers

Do you like ironing? Would you like to make this year's Christmas pageant even better? If so, there are children's costumes that could use a fresh look with a little ironing. We have 15 kid and teenage-sized costumes that are on hangers but could use your help. If you would be willing to take a few costumes home or use the one available at the church, please let Rebecca know by emailing: rebeccak@saintandrewsseattle.org or by calling the church. THANK YOU FROM THE BOTTOM OF MY HEART!



Youth Holiday Party Middle School and High School



Sunday, December 19th @ 6:30-8PM
McLachlan Hall, Saint Andrew's

Get your holiday fest on with a fun youth holiday party including a gingerbread house-making competition (kits and candy provided) and a white elephant exchange. Snacks and hot chocolate will be also be served.

Please RSVP to: rebeccak@saintandrewsseattle.org to reserve your gingerbread house. That, and please bring a wrapped gift of less than 10 dollar value. Re-gifting encouraged!

If you would like to join the weekly middle school and high school youth group newsletters, please email Rebecca: rebeccak@saintandrewsseattle.org.



Noble wreaths, centerpieces, and/or 25' of cedar garlands **pick-up this Saturday, December 4th, from 1PM to 4PM.** Have a youth place it into your car's trunk!

YOUTH HOLIDAY GREENERY FUNDRAISER

Operators Needed for our Livestream Worship

Please contact Music Director Tim Drewes to schedule a training or ask for information:
timd@saintandrewsseattle.org.

Music Notes



HOUSING NEEDED

A music student from St. Olaf College is looking for housing in Seattle for the month of January. He will be Organ Scholar at St. Mark's Cathedral. He needs a private room with shared bathroom and shared kitchen, hopefully close to public transit.

Here's a great opportunity to broaden your circle of friends, and help a student along his life path.

For more information, contact Tim Drewes, timd@saintandrewsseattle.org.

The Admin Corner



Greetings, all!

Just a quick note from me with an update or two! First, I want to let you know that something exciting (for me, anyway! HA!) has arrived at St. Andrew's in the last month... a COMPOST DUMPSTER! 🥰 I don't know how or why, but weekly it seems, our caring custodial team finds YARD WASTE in the GARBAGE DUMPSTER, which is not only not good for the environment, but it can also get us fined. **All 3 dumpsters are very well labeled on the front, please be sure when you are taking out your trash, recycling, and compost after a meeting, Sunday once per month Coffee Hour, or any other gathering that creates waste, that you put all things in the right dumpsters!** I am SO excited that we have the correct resources now to make this very easy for everyone to do as you pitch in to take care of our buildings and grounds each week! If you help out in this way and **don't know where the keys are to the dumpster locks** (we have to lock them because unfortunately we get a lot of illegal dumping on our property and in our dumpsters, which we ALSO can get fined for!), please email or call me! (nataliei@saintandrewsseattle.org)

Thank you so much for your attention to these details, for your good stewardship of this building, and for protecting the environmental impact St. Andrew's has on its community!

Here are some resources for you to quickly look at to refresh your memory about what the current recycling, garbage and compost appropriate items are (they CHANGE yearly! Not hugely...but you would be surprised at some of the changes! I will try to always keep you informed so that we can recycle right!)

- [Seattle Times article on how to not contaminate your recycling](#)
- [Recycling Guidelines 2021](#)
- [Compost Guidelines 2021](#)
- [Garbage Guidelines 2021](#)



It's also time for me to ask again for your help with Manna Bags! We are out of some crucial supplies that make the Manna Bags really helpful to people. I am most in search of:

- water bottles
- pouches (or small cans) of tuna
- hand warmers
- pairs of gloves
- new pairs of socks
- Wet One's 20-ct travel pack wipes
- vitamin C packets
- full-size candy bars



soft/chewy bars

breakfast essentials packets



reusable or disposable masks

hand warmers

wet wipes packets

water

small hand sanitizers

vitamin C packets

Thank you so much for continuing to contribute to this important ministry!

Warmly,
Nat

Natalie Ingrisano
Parish Administrator



1-gallon plastic bags

candy bars

snack serving cracker packets

men's socks one size for 6-10
These fit most people, black preferred

Community & Ministry Updates

St. Andrew's Community Asks:

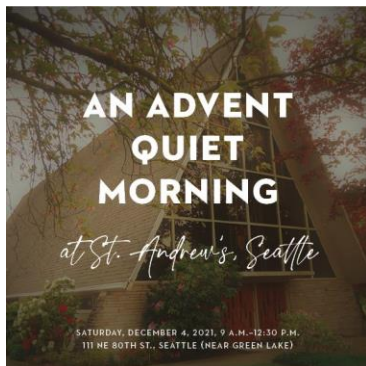
Two women who live near Northgate need a ride to the 10 am service each week. Please contact Natalie Ingrisano (nataliei@saintandrewsseattle.org), parish administrator, if you are willing to be this helping hand, and she will connect you!

A parishioner who lives in the East Side/Northshore suburbs is looking to hire a helper for tasks around the house (no cleaning), who can drive to take trips with them to the grocery store, bank, post office, etc., and running other errands. Hours needed are 3-4 hours per day, only two days per month (every two weeks or so). This is a PAID position at \$20/hour. Please contact Natalie Ingrisano (nataliei@saintandrewsseattle.org), parish administrator, if you or someone you know are interested in adding a few hours of light work to your schedule each month, and she will connect you!

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TOMORROW, December 4, 2021, 9am–12:30pm



Join Christine Sine at Saint Andrew's Episcopal Church for this special Quiet Morning. Breath prayers, walking meditation, creative and contemplative activities, and unstructured time for quiet reflection will help us rekindle the wonder of Advent. Enjoy the wonderful opportunity for inner reflection and renewing silence as the season of prayerful expectation unfolds. This event is co-sponsored by Saint Mark's Cathedral and Saint Andrew's Episcopal Church. Free with donations gratefully accepted (\$10–15 suggested). No need to register, just head to McLachlan Hall at the start of the gathering!



Christine Sine

Christine Sine is an author and the founder/facilitator of Godspace, which grew out of her passion for creative spirituality, gardening and sustainability. Christine enjoys writing, speaking, and walking with her husband Tom and their dog Goldie. You can find Christine and her latest book *The Gift of Wonder: Creative Practices for Delighting in God* at <https://godspacelight.com/>

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Celtic Celebration

TOMORROW, December 4th

@4pm on our YouTube channel

Join us for this fun and festive parish celebration as we honor our patron, St. Andrew! Celtic music and dance and great news about the progress of our Capital Campaign. Join us by clicking the link below on December 4th:

[St. Andrew's YouTube Channel](#)



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Grateful & Growing Commitment Sunday & Festive Coffee Hour

THIS SUNDAY December 5th after both 8am & 10am services

Grateful & Growing:



Being a Good Neighbor

Stewardship & Capital Campaign • St. Andrew's Episcopal Church

COMMITMENT
Sunday

Please come to church THIS Sunday December 5th to hear an inspiring talk about stewardship and make your pledge to our concurrent campaigns! Here will be a festive coffee hour after both morning services.

[Commitment Card](#)

[St. Andrew's Grateful & Growing Campaign Booklet](#)

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Upcoming Calendar

Wednesdays during Advent - St. Andrew's Worship Leaders will be leading us in pre-recorded Noonday Prayer and Evening Prayer via our [YouTube channel](#)

Throughout Advent – Advent Food Drive for FamilyWorks Food Bank begins (donations accepted at the church throughout Advent)

December 4 – Advent Quiet Morning, McLachlan Hall, 9am-12:30pm

December 4 – Youth Wreath Fundraiser pickup in the St. Andrew's parking lot, 1pm-4pm

December 4 – Celtic Celebration 4pm on our [YouTube channel](#)

December 5 – Second Sunday of Advent with Lighting of the Advent Wreath, 8am & 10am

December 5 – Grateful & Growing Commitment Sunday & Festive Coffee Hour, 8am & 10am

December 5 – Christmas Pageant Rehearsal at 11:30am

December 12 – Third Sunday of Advent with Lighting of the Advent Wreath, 8am & 10am

December 12 – SCRIP order forms and payments are due

December 12 – Christmas Giving Tree gifts are due

December 12 – Christmas Pageant Rehearsal at 11:30am

December 17 – The Beggar Boys Celtic Christmas Concert, 7:30pm (in the sanctuary)

December 18 – Advent Finger Labyrinth Walk on Zoom, 10am-12pm

December 19 – Fourth Sunday of Advent with Lighting of the Advent Wreath, 8am & 10am

December 19 – Christmas Pageant Rehearsal at 11:30am

December 21 – A Sacred Celebration of the Winter Solstice: A Healing Service, 7pm

December 24 – The Vigil of the Nativity (Christmas Eve) with the “Lighting of the Lamps” and In-person Children’s Pageant 4pm

December 24 – The Vigil of the Nativity (Christmas Eve) with the “Lighting of the Lamps” 8pm

December 25 – Christmas morning service 10am

December 26 – The First Sunday after Christmas, 8am & 10am

January 2 – The Second Sunday after Christmas, 8am & 10am

January 6 – Epiphany Service with Lighting of the Lamps and Communion

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One World



HOLIDAY FOOD DRIVE for FamilyWorks

The Pandemic is still affecting food availability not to mention rising costs at the grocery store. St. Andrew’s parishioners have given generously from their abundance before and we can do it again! Many of our brothers and sisters in need depend on the food bank to put nourishing food on the table for their family. **Let’s overflow the Narthex with food donations now through the Holiday season!**

Throughout Advent, please bring non perishable foods to church. There will be labeled bins in the Narthex. **See specific list of goods needed below.**** Thank you in advance for your generosity!**

If you would like to make a monetary donation to FamilyWorks directly, [click here to pay by credit card](#) online, or

mail cash or a check made payable to FamilyWorks to P.O. Box 85420, Seattle, WA 98145. Monetary donations at this time of year go to the general food bank, but also to a special order of PIES for our neighbors!

When you make a donation of food, neighbors and families gain access to much needed resources. In turn, this can also:

- reduce anxiety from food and resource insecurity,
- improve health and well-being,
- and provide an increased sense of stability.

PLEASE REMEMBER:

Yes:

Non-perishable, unopened cans and packages of food

Fresh produce

No:

Opened food

Cooked food

Homemade baked goods or other products, including canned goods from home

Cans that are rusted or dented

Please resist the urge to give holiday-specific foods this season, and instead, follow this list of suggested donations that REALLY help our neighbors:

Holiday food is NOT needed! ([You MAY donate monetarily directly to FamilyWorks](#) in order to support their yearly ordering and delivering of pies, but that's it!) The food bank purchases turkey breasts to give as one of the protein options, and they always have produce. What you and I think of as holiday food is great, but we need to be focused on food that provides many meals--not just one. (*"I cannot tell you how many cases of pumpkin filling and cranberry sauce we have and struggle to give out."* --Jennifer Rogers)

Focus on these food items for donation:

Condiments: (most food is bland and condiments are costly)

Spices

Hot sauces

Salsa

pickles

Crackers

COFFEE – 1 lb bags, ground

Black and Green tea

Soups – not condensed

Shelf stable non-dairy milk

Cooking oil (smaller bottles – not huge 1 gallon ones)

Canned fruit

[Click Here for Donation Lists & Guidelines for Food](#)

“DID YOU KNOW ?” Facts about the unhoused:

1) Martin v.Boise (Idaho)

The ruling in 2018 held that cities cannot enforce anti-camping ordinances if they do not have enough homeless shelter beds available for their homeless population. The decision was based on the Eighth Amendment to the U.S. Constitution's prohibition on cruel and unusual punishment.

In 2019, the U.S. Supreme Court declined to hear an appeal of the case, leaving the precedent intact in the nine Western states under the jurisdiction of the Ninth Circuit (Alaska, Arizona, California, Hawaii, Idaho, Montana, Nevada, Oregon, and Washington).

2) In 2020 , there were 11,751 individuals in King county considered homeless based on the Point in Time count. Homeless advocates state this number is an underestimate.

3) Check out the brand new website from the Bishop’s Task force on Homelessness, it is full of pertinent info.

<https://ecww.org/diocesan-ministries/committees-and-commissions/bishops-homeless-taskforce/>

--Cris Blair, One World social justice committee

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SCRIP ORDERS

This holiday season, considering buying SCRIP if you're doing gifts this year! Or, buy some cards for your daily life, such as gas cards, food cards, and much more! Purchase gift cards from SCRIP and a portion of the proceeds come back to St. Andrew's.

Please drop off on a Sunday at church, scan & email to nataliei@saintandrewsseattle.org, or mail (111 NE 80th St, Seattle, WA 98115) [this form](#) back to St. Andrew’s. Filled out forms must be returned and payments must be made by Sunday, December 12th.

If sending a check, please make it out to “St. Andrew’s Scrip.” You can also [pay online through our website through Vanco](#) (no credit cards though, please!)

[View/Print Order Form](#)

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Christmas Giving Tree

Can you help bring joy, make spirits bright, and fulfill children's holiday wishes this year?



Beginning on Sunday, November 28th (Advent I), through Sunday, December 5th (Advent II), you will be able to take a tag off of the tree with the name of the desired gift (multicultural dolls, skateboards, helmets, baseball mitts, hair accessories, clothing, pjs, and more). All gifts will go to the children and teens at Mary's Place in Seattle. Mary's Place provides safe, inclusive shelter and services that support women, children and families on their journey out of homelessness.

Please put your **unwrapped** present under the tree in the Narthex by Sunday, **December 12th (Advent III)**, to ensure families can enjoy them by Christmas!

If you prefer to purchase your gift online then we invite you to shop their holiday wish lists at [Amazon](#) or [Target](#) to purchase a gift for kids, teens, or parents, and ship it directly to Mary's Place.

Questions or want to help deliver presents? Please contact Rev. Rebecca: rebeccak@saintandewseattle.org

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A Celtic Christmas - The Beggar Boys in Concert

Date: December 17, 2021 7:30 pm – 9:00 pm

Venue: St. Andrew's Episcopal Church

[BUY TICKETS HERE](#)

Warm up your holiday season as The Beggar Boys bring traditional Christmas music from Ireland, Scotland, and Wales to the Pacific Northwest. The ethereal voice of Abigail Lennox blends with fiddles, whistle, and guitar to create the Beggar Boys' signature blend of traditional songs and tunes and powerful originals, called "lush and revealing" by the Boston Globe. This festive program will also feature Larry Young's dramatic storytelling and live Irish step dancing – a perfect family holiday treat.

To ensure your safety, both face coverings and proof of COVID vaccination are required.

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Zoom Advent Finger Labyrinth Walk

Saturday 12/18 from 10 am - 12 noon

At this time of year, with shorter days, and in the political climate of the world, we can find ourselves having trouble getting into the spirit and meaning of Advent. This year our Labyrinth walk will focus on our Advent Journey to the Light. In our walk I will show how we all can symbolically take this journey, reminding ourselves that all is not bleak, there is hope and love, we just need to continue walking in our faith toward the light. As you leave this walk you will be taking Christ's light with you as you head out into the world, a beacon of Hope for all to see.

Facilitated by Donna Hawkins, busybeedgh@gmail.com

Please email Donna your interest or any questions. Zoom link: <https://us02web.zoom.us/j/88578072515>

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A Sacred Celebration of the Winter Solstice: A Healing Service

Tuesday, December 21st, 7pm

Please join Mo. Danée at the church on Tuesday evening, December 21st, to celebrate the Winter Solstice and join together for a service of healing.

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Advent Holiday Gift Sale at The Showcase!

Tea towels with hand-stitched designs, delicious local homemade jams, jellies, & relishes, and new handmade soap, lotions, and massage bars from the Green Lake Soap Company! Our yearly celebrated sale of beautiful holiday gifts including homemade, new, or gently used treasures is happening all advent long at The Showcase next to McLachlan Hall! Take a peek at our Showcase page on the website to see some specific great holiday gift ideas!

<https://saintandrewsseattle.org/parish-life-today/showcase-fundraising-shop/>

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Sign-ups for Weekly Flowers, and the Sanctuary Candle

Sign-ups for weekly flowers and the sanctuary candle have been posted for dates after Christmas! Please Sign Up! You may sign up once again to make a donation for the weekly flowers to honor a loved one, or to make a donation for the sanctuary candle to honor a loved one. [Click here to sign up](#), or sign up on the sign-up sheets posted on the bulletin board in McLachlan Hall.

If you would like to donate to the weekly flowers or for the sanctuary candle, you can make your donation by writing a check made out to “St. Andrew’s Episcopal Church Seattle” and please put “Flowers” or “Service Candles” or “Altar Guild” in the memo line. If you wish to give online for flowers or the sanctuary candle, you may enter the amount in the “Donate to Saint Andrew’s” field and write in the text box next to the amount what you’re giving for, for example, “Flowers” or “Service Candles” or “Altar Guild.” Thank you!

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Icon Workshop: February 9-12, 2022

We are excited to announce that plans are being made for St. Andrew's to host another Icon Workshop in mid-February 2022 - Wednesday, February 9 – Saturday, February 12 (Wednesday – Friday – 7:00 – 9:30 pm.; Saturday – 9:30 a.m. – 4:00 p.m.) with Icon Blessing on Sunday, February 13. We are looking forward to welcoming Peter Pearson back to St. Andrew's after a two-year absence! Below are a few particulars about the upcoming class.



- Minimum enrollment of 15 people. Class size will be capped at 30.
 - Seating will be at 8' rounds (per usual) but with only three people per table. Every effort will be made to maximize ventilation.
 - For safety's sake, masks and physical distancing will be required at all times during the workshop. Vaccination or a negative COVID test within 72 hours of the class will be required for participation.
- No food will be offered by St. Andrew's, including the popular Saturday lunch. Please bring a bagged lunch that day. Potluck snacks will be allowed if you feel comfortable sharing.

Now to the fun stuff! Peter will be leading us in the creation of an Icon to St. Brigid, one of three patron saints to Ireland (the other two being St. Patrick and St. Columba). Brigid was the founder of a number of nunneries and monasteries, the most famous being in Kildare, Ireland where it served as a double abbey for both monks and nuns. It is rumored that when St. Patrick heard her final vows, he used the form typically reserved for the ordination of priests, to which he replied "so be it, she is destined for great things."^(1, 2) St. Brigid's feast day is celebrated on February 1, making it especially appropriate that we write an icon to her at this time of year.

The fee for the Winter workshop will be \$300.00, which includes all materials required to write your own icon to St. Brigid. While we do not anticipate any issues with gathering, we are still mindful of COVID and its unpredictability. If for some reason we are forced to cancel due to public health concerns, rest assured that all class fees will be promptly refunded.

To register for the class, please [click this link](#) and complete the registration form. Return it, along with your payment to Margo Rogers at St. Andrew's. If you have any questions regarding the workshop, please contact Margo via e-mail at rogers.margo@gmail.com. We look forward to welcoming you in February!

References

- 1) https://www.catholic.org/saints/saint.php?saint_id=453
- 2) https://en.wikipedia.org/wiki/Brigid_of_Kildare



St. Brigid's cross

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The Green Corner – Creation Keepers



December 2021

Creation Keepers wishes you a Green Advent!

We have a fun gift for you: a [Green Advent Calendar](#).

Wait. Isn't Advent supposed to be purple? Yes, of course, and we wouldn't trade our beautiful purple candles for anything. But we can be green at the same time.

By a green Advent, we mean observing Advent in a way that celebrates God's amazing creation and our call to protect and nurture it. Our Green Advent Calendar has a suggested activity for each day. Ideas range from reading a book on an environmental issue, to wrapping your gifts in newspaper instead of gift wrap, to enjoying a mug of hot chocolate made from fair trade cocoa.

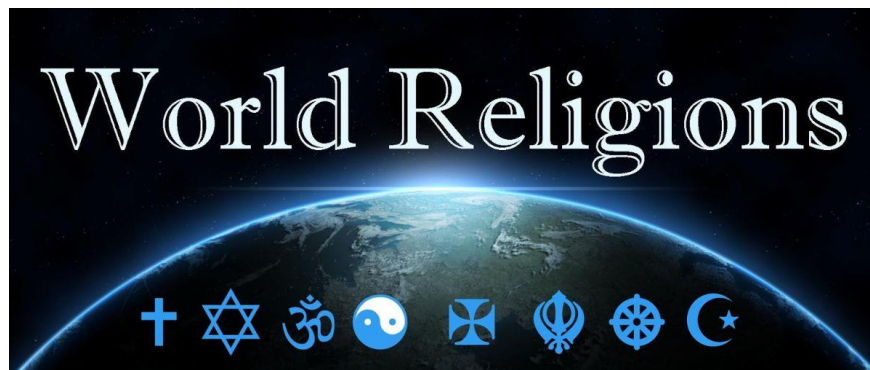
Please don't feel you need to do everything—choose what works for you and your family.

[Click here to see and download the calendar.](#)

And have a blessed, green Advent.

--Christine Dubois for Creation Keepers

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Drop into any Wednesday class in the series

St. Andrew's will be hosting a new World Religions class via Zoom and taught by worship leader Rich Ater. Classes start on JAN 5th and will take place every Wednesday (with the Exception of MAR 2nd, Ash Wednesday) until MAR 16. Class runs from 7 PM until 8:30 PM, but there will be plenty of room for discussion after each lecture. As of now, class will remain on Zoom as we don't know what the Covid situation will be. Community members of *Interfaith Sanctuary* and *Bet Alef Synagogue* are also being invited to join our class! All are welcome. Rich will be adding a talk on how to make this opportunity meaningful at the beginning of the lecture series, and also adding Zoroastrianism to lectures.

Here is the **Zoom link:** <https://us02web.zoom.us/j/83326468414> and **Meeting ID:** 833 2646 8414 **(No Password)**

LECTURE SCHEDULE:

JAN 5 -- A introduction. This class is open to walk ins every week, it is not necessarily cumulative. We will discuss what attendees can do to get the most out of a lecture series like this one.

JAN 12 -- Hinduism

JAN 19 -- Buddhism

JAN 26 -- Confucianism

FEB 2 -- Taoism

FEB 9 -- Zoroastrianism. This is a religion that began somewhere from 1000 to 600 BCE. It's influence on the Abrahamic religions is phenomenal and includes Heaven & Hell, the Devil, Angels, Judgement Day, and more!

FEB 16 -- Judaism

Feb 23 -- Christianity

(MAR 2 -- Ash Wednesday, No Class)

MAR 9 -- Islam

MAR 16 -- Wrap up: an open discussion on what folks got out of the class, what could make it better, and why it is important to learn about other religions.

If you have any questions email Rich Ater at richpsych.ater@gmail.com

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Finger Labyrinth Walks with Donna Hawkins Thursdays @1:30pm

Our labyrinth is out in the fresh air. Feel free to go and walk it whenever you have the time. Just remember if you are not with members of your household, consider masking up and keeping physically distanced.

St. Andrews weekly Finger Labyrinth Walks are continuing in 2021 every Thursday at 1:30 pm. The attached Link is for 2021 only. This is a fabulous way to relieve the stresses that are occurring during our stay-at-home time. Come join us.

If you would like to join but are hesitant, please contact Donna Hawkins busybeedgh@gmail.com or 206-849-4989 and I can give you a brief explanation of what a labyrinth is and what we do in these walks.

Join Zoom Meeting: <https://us02web.zoom.us/j/87032821917?pwd=Y0xTMjdjbUNtSmdleGtrRmFoMkJPZz09>

Meeting ID: 870 3282 1917

Passcode: 226792

Peace and Health,
Donna Hawkins
Veriditas Certified Advanced Labyrinth Facilitator
Walk for Peace and Solace – dgh

Here are the finger labyrinths for you to print:

- [Chakra Vyuha Labyrinth](#)
- [Medieval Labyrinth](#)
- [Celtic Triple Labyrinth](#)

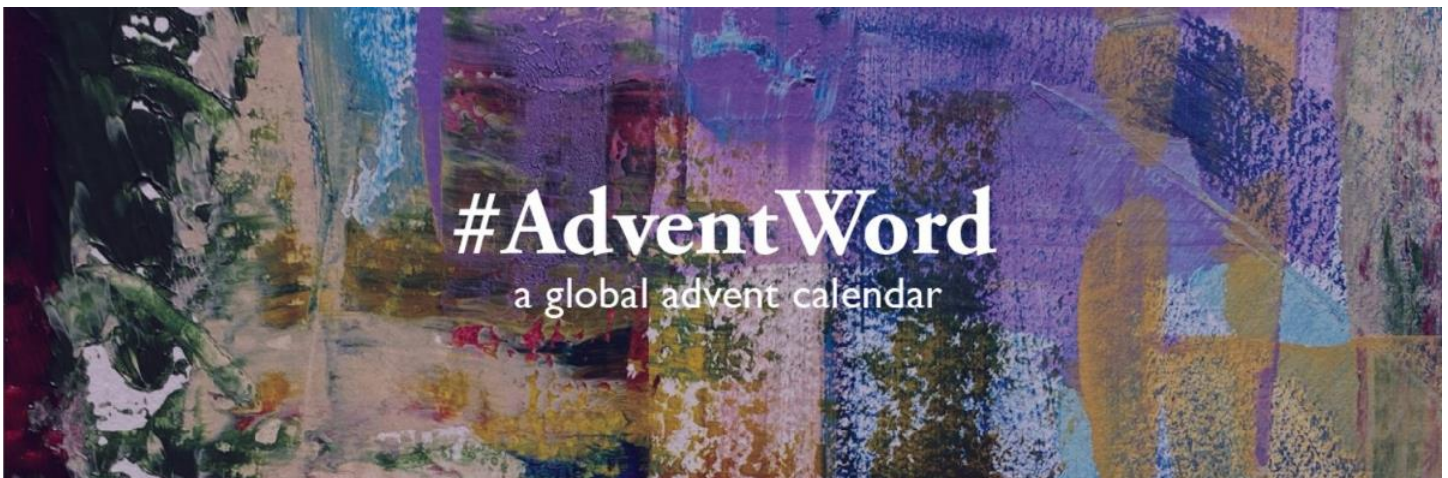
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Women in the Hebrew Bible and Labyrinth Meditation Bible Study Group Continues!

Women in the Hebrew Bible and Labyrinth Meditation weekly meetings continue! They take place on Zoom from 11am-12:30pm. Please reach out to the Rev. Pat Eustis (pateustis@gmail.com) or Donna Hawkins (busybeedgh@gmail.com) for more information and the zoom link.

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Deepen Your Advent Observance With **#AdventWord**

*What is **#AdventWord**?*

#AdventWord is a global, online Advent calendar. Each day from the first Sunday of Advent through Christmas Day, **#AdventWord** offers meditations and images to inspire and connect individuals and a worldwide community of believers to the themes of Advent. In 2021, Advent begins on Sunday, November 28. The written meditations will be provided in English, Spanish, French and in American Sign Language on YouTube. Each morning during Advent, the meditations are distributed: on AdventWord.org, [Email](#), [Instagram](#), [Facebook](#), and [Twitter](#). Around the world, prayers ascend in response to the meditations. People post their reflections on their respective social media pages, tagging **AdventWord** on the platform. You are invited to participate by posting your own images using the hashtag **#AdventWord** and the word of the day, for example, #journey. Individuals, congregations, organizations, and institutions can all participate.

From there, **AdventWord** shares and reposts on each site – amplifying the prayers during this holy season. Find the social feed on [our website](#), or on your favorite social media platform.

[Explore](#) the different ways that people respond to the daily words, whether written meditations, drawings, photographs, or poems. Sign-up + Follow Now: *Enter into a season of prayer during this Advent season!*

[Instagram](#)

[Facebook](#)

[Twitter](#)

[Email](#)

During the season of Advent, you can deepen your understanding of the coming of Jesus into the world through the practices of meditation and prayer. Come pray with us!

For more info, visit <https://adventword.org/en/how-i-advent-word/how-it-works/>

Here is the calendar of words:



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We encourage you to focus on some aspect of SERVICE during this season of Advent. One idea is to engage with a **Reverse Advent Calendar** as a way to support our parish community or greater Seattle community! Fill your own homemade reverse advent calendar with tasks that can be done each day, such as an item to donate on a given day, a place to go volunteer on a given day, or supporting an organization on a given day. Here is a [copy of last](#)

[year's example](#) which helps one gather a non-perishable food item each day throughout Advent (*If you decide on a reverse advent calendar for donating food like this one, may we suggest substituting some of these example items with the MUCH NEEDED specific items listed in our Advent Food Drive list above?* 😊)

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From the “Journeying the Way of Love” curriculum from episcopalchurch.org, use this [Advent calendar](#) which offers daily suggestions for engaging in the seven practices that encompass the Way of Love: turn, learn, pray, worship, bless, go, and rest. The calendar can also be used as a standalone resource—keep it at your desk or on your fridge and refer to it every day! Available in English, Spanish, and French.

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Birthdays & Prayers



Please pray for those who celebrate birthdays in December:

Nancy Boutwell, Jim Bryant, Connie Carlson, Morea Daley, Owen Daley, Christine Dubois, Corin Febus, Mark Gargett, Bodhi Heindel, Rev. Rebecca Kirkpatrick, Will Lewis, Davis Pessner, Carolyn Reid, Felix Sindora, Amanuel (Manny) Theodros, and Aidan Walker.

We thank God for the gift you are to us all and pray that you will have a new year of blessings!

(No one appeared in our database who is celebrating an anniversary in December.)

(These lists are from the information in our Breeze Church Management System Database. If you have a birthday or anniversary this month and do not see your name, please update your information in your Breeze profile. If you need assistance, simply update your information by sending it to Natalie, parish administrator, at nataliei@saintandrewsseattle.org.)

We pray for those who are sick, infirm, or recovering from illness:

Lizzy Farr; Gail Larson's stepson, Howard Larson; Christi Nichol's father, Wilbur Ball; Susan Black, Rachel Herbert's sister; Christine Sine; Allie Santiago; Sophie Grace; Enid Haag; Bruce Franklin; Donna Hawkins; Shirley Gates; Peter Ober; Roberts Lincecum; Kim Spadafora; Nancy, sister of Ruby McLachlan; Lisa Martin; Connie Carlson; Doug Speers; Mike Rizzotti; Gerry Soike; Kathy Franklin; Marilyn L'Esperance; Jan Ellichman; Sven and Bernie Couch;

Lloyd Lewis, brother of Bruce Lewis, Brad Daley's brother-in-law, and Sherry Garman's son-in-law; Todd & Cindy Tegman; Jay Gillette; and Howard Larson.

We pray for those who are *grieving*:

Cricket Farr, who is grieving the death of her friend, Leah Friberg; Theresa Newell and family, who grieve the death of Theresa's mother, Ginny Doolen; Marianne Mersereau and family, who grieve the death of Marianne's brother, Robert Laws; and Elizabeth Darlington and family, who grieve the death of Elizabeth's father, Sandy Darlington.

We pray for our *deceased parishioners and friends*:

Leah Friberg, friend of Cricket Farr; Gerry Allen; Sandy Darlington, father of Elizabeth Darlington; Robert Laws, brother of Marianne Mersereau, and Ginny Doolen, mother of Theresa Newell.

Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, o lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever. Amen.

Our baptismal commitment calls us to pray for the world and the needs of our community. We are honored to pray for those who are experiencing any sort of trouble, illness, or grief. In general, we wish to pray fervently for those who are experiencing an acute crisis. Those experiencing chronic difficulties are commended to us for our personal prayers. Here are some general guidelines about how prayer requests will appear on our various prayer lists (Prayers of the People, Prayer Lists in The Log, and the Weekly Bulletin).

Prayers for Those with a New Illness or Injury:

People will be placed on the list for one month. If the condition is permanent or progressive, parishioners may request that the person experiencing the illness be kept on the list. Sometimes, people with chronic illnesses experience an ebb and flow in their symptoms. Our pastoral care team will check in with these people regularly to offer pastoral support and ask whether the person would like to be kept on the list.

Prayers for Those Who are Grieving:

Grieving parishioners will be placed on the list for prayers for two months. We will then place them back on the list for prayers for another month on the one-year anniversary of the loss.

Prayers for Those Who have Died:

We pray for all who have died whenever we gather for the Divine Office and the Eucharist. Deceased parishioner and friends will remain on our published prayer lists for one month.

If you have special prayer requests, please contact Fr. Rich at 206-383-5600 or richw@saintandrewsseattle.org.

St. Andrew's Vestry & Staff

2021-2022 Vestry: (*Non-voting member)

Mary Katka (Sr. Warden)

Gretchen Hayslip (Jr. Warden)

Cris Blair

Margaret Cassady

Brad Daley

Ken Feldman

Levana Fletcher

Jim Hawkins

Jay Gillette

Chris Jones

Liz Santiago

John Tait

St. Andrew's Staff:

All Members are Ministers

The Rev. Richard C. Weyls, Rector

Office Hours: Monday - Thursday by appointment only. (richw@saintandrewsseattle.org)

The Rev. Danáe Ashley, Associate Rector

Office Hours: Tuesday & Wednesday by appointment only. (danaea@saintandrewsseattle.org)

The Rev. Rebecca Kirkpatrick, Priest Associate for Children, Youth, & Families

Office Hours: Tuesday - Thursday by appointment only. (rebeccak@saintandrewsseattle.org)

Br. Chris McNabb, Missioner for Contemplative Outreach

Office Hours: Sundays by appointment only.

(chrism@saintandrewsseattle.org)

Tim Drewes, Director of Music

Office Hours: Wednesday (12pm-3pm) & Thursday (2pm-6pm). (timd@saintandrewsseattle.org)

Megan McInnis, Faith Formation Associate

Office Hours: Sundays by appointment only.

(mcinnism@spu.edu)

Natalie Ingrisano, Parish Administrator

Office Hours: Monday - Thursday (10am-6pm). Making an appointment is best to meet me in person at church between 1pm-6pm (*this is flexible based on need*). (nataliei@saintandrewsseattle.org)

Kevin Deffinbaugh, Bookkeeper

Office Hours: Monday, Wednesday, & Friday afternoons after 3:30 pm, except on holidays. Making an appointment is best.

(finance@saintandrewsseattle.org)

Service & Prayer Offerings at St. Andrew's

We are re-gathering in person for Sunday Morning Worship!

Our buildings are still closed Monday – Saturday except for planned appointments on a case-by-case basis.

Worship Times:

- **Sunday morning Eucharist** at 8am & 10am in the Sanctuary.
- **Livestream of the 10am Eucharist** on [YouTube](#) each Sunday.
- **Virtual Contemplative Evening Prayer in the style of Taizé** – a new video is released on [YouTube](#) each Sunday.
- **Virtual Noonday Prayer** – a new video is released on [YouTube](#) each Wednesday.
- **Virtual Evening Prayer** – a new video is released on [YouTube](#) each Wednesday.