

# SAINT ANDREW'S

EPISCOPAL CHURCH, SEATTLE

## MONTHLY THE LOG NEWSLETTER

Thursday, August 5th, 2021

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### +++Urgent Update+++

We have received word from Betty Jo Michaelini's family that Betty Jo is declining rapidly. She is comfortable at her adult family home with Hospice support. Her death is expected in the next week or so. Please pray that Betty Jo will have a good and holy death. Cards of support can be sent to:

**All About Seniors AFH**  
**1435 NW 188<sup>th</sup>**  
**Shoreline WA 98177**  
**206-697-5557**

## Rector's Reflections

My Dear Friends in Christ:

I hope you are enjoying our beautiful summer weather! It seems like many people are travelling, vacationing, and taking much-needed time off after being cooped up due to the pandemic. I have taken some time to be with my children and grandchildren, including a brief trip to Ohio to visit our son, Josh, and family. I will take a full week of vacation at the end of August before our busy fall season.

As I have heard from commentators and pundits, "we are trying to be done with covid, but it's not done with us!" The Task Force for Safer Worship and I are monitoring the movement of the troublesome variants of the coronavirus in our local area. We also follow the current guidance of our local health authorities. We resumed in-person Sunday services on July 4th.



Attendance has been low as people sort out their own risk tolerance for inside public gatherings. We seem to have a different crowd each week with a good number of visitors and new parishioners. Our average Sunday attendance has been about 25 at the 8:00 am service and 50 at the 10 am service. Masks are required for all people regardless of vaccination status. We continue to maintain a socially distanced section for those who prefer that. We also now livestream our 10:00 service on our YouTube channel. Please check our weekly e-mail blast for the link.

Because many of our parishioners and liturgical leaders are staying home, we need liturgical ministers to assist with reading the Scriptures, leading the prayers, serving at the altar, and assisting as ushers/greeters. If you are regularly attending Sunday services and are willing to serve in this way, please let me know at [richw@saintandrewsseattle.org](mailto:richw@saintandrewsseattle.org).

Finally, we are in desperate need of ushers and greeters for the three upcoming funerals. Funerals are parish events where we honor and pray for the deceased and minister to the grieving survivors. Many of the attendees are visitors who are not familiar with our church or our way of worship.

They require our radical hospitality, care, and assistance. The upcoming funerals are for:

**Jeannette Sylliaasen** - August 7 at 1:00 pm. Jeannette was 100 years-old when she died. She had been a member of St. Andrew's for more than 70 years. She drove people from the Hearthstone to St. Andrew's for church each week until a few years ago. Jeannette was a regular member of the Friendship Circle and was very generous to our parish.

**Donna Austin** - August 14 at 1:00 pm. Donna was a member of our church for more than 50 years. She spent her life in service to our youth as youth minister, nursery leader, and church school teacher. She had tender love for our members who were in special need of companionship and support. We grieve with Donna's husband, Fred, and their sons in this time of painful transition.

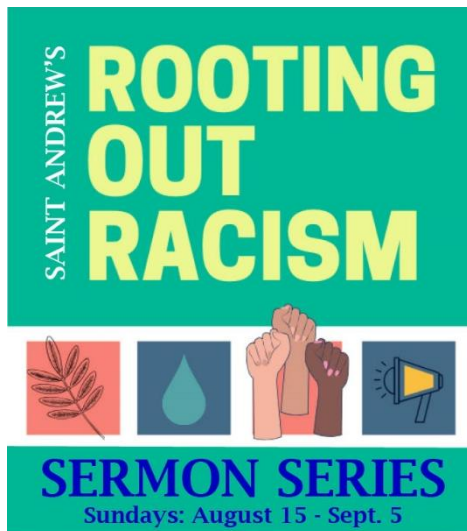
**Peter Hudson** - August 21 at 1:00 pm. Peter was the husband of Anne Sherwood, a member of our choir and French Horn player. Peter was a charming and engaging person. I am grateful that I was able to visit him before he died. Please help us support Anne as she moves through grief.

Ushers and greeters help funeral attendees navigate our space and follow the service. They function as ministers of hospitality. Even if you have never done this before, we can give you the training you need on the day of the funeral. Please consider helping us honor the dead and comfort the bereaved by serving in this important way. You may contact me with your questions and commitments at the email above.

This is still such a strange time to be church. However, God has called us to be a beacon of hope to a hurting world and bearers of Christ's message of inclusive love to all. I encourage you to reflect upon the promises you made in baptism which remain the same, pandemic or not. I am ---

Your brother,  
Rich+  
The Rev. Richard C. Weyls, Rector

## Rooting Out Racism Sermon Series



Dear People of Saint Andrew's,

Rooting Out Racism, a four-part sermon series, will be held on Sundays August 15 through September 5th. This comes out of a call from The Diocese of Olympia, Circles of Color, and our own work as a parish. We will read, inwardly digest, and pray the Anti-Racism Covenant with one another.

This Covenant will be deconstructed into four parts and each of the parts will have a parallel sermon to help us delve deeper into the lament and covenant. We continue to do this work at Saint Andrew's as mostly white folk laboring to do the work we need to in order to seek a more just and anti-racist world. Our sermon series will be led by four lay and clergy members of our parish:

August 15: Megan McInnis  
August 22: Diane Santiago  
August 29: Dorothy Gibson  
September 5: The Rev. Rich Weyls

In order to prepare, we are inviting everyone to read and pray the Anti-Racist Covenant, as you are able: <https://saintandrewsseattle.org/wp-content/uploads/2021/07/A-Covenant-to-Root-Out-Racism-1.pdf>. We will pray pieces of it together on each Sunday and on the last Sunday, September 5th, we will read it as one piece. In a companion series, our children's sermon time will also spend these four weeks reading, learning, and discussing being anti-racists.

Dear People of the Diocese of Olympia,

At our most recent Diocesan Convention (2020) you overwhelmingly passed a resolution supporting the Anti-Racism Covenant put forth initially by the Rt. Rev. Deon Johnson, Bishop of Missouri, and co-sponsored by many other bishops. My name has been on this covenant since just after its posting, however, I have now, on your behalf, added

not just my name and office but the entire Diocese of Olympia. It is important to read the Covenant regularly, to use it as a rule of life right now, to study it in your congregations, and to hold it up as the ideal we are striving for. As I said at our convention, signing such documents, passing such resolutions, really is the easy part. The difficult part, the part that will change this Church, this country, this world, is our following it, acting on it, living into it. I offer it here as I vow to do just that personally.

Blessings,  
+Greg

Blessings,  
The Rev. Rebecca Kirkpatrick+

## Musings of Mother Danáe

About ten years ago, a friend of mine forwarded me an excerpt from an advice column from the Chicago Tribune called “Ask Amy,” and I came across it and this article I wrote about it the other day. I felt that it is too good (and amusing) not to share again, so here it is:

Dear Amy: I am 16 and an atheist. I am sure of it. All of my friends are serious, hard-core Episcopalians. We’re really honest with each other; I know their secrets and they know mine, except that I’m an atheist! I want to be completely honest with them, but I don’t want them to feel weird or disown me because I don’t believe in their God. So what do I do? Not tell them and hope their suspicions don’t grow? Or tell them and hope for the best? - Non-believer in Louisiana.

Dear Non-believer: Thank you for introducing me to the concept of “hard-core Episcopalians.” Your friends have a right to their beliefs...

And her advice goes on. What struck me, and apparently what struck “Ask Amy,” was the “concept of ‘hard-core Episcopalians.’” At first, I laughed and found it amusing, but then I had a sobering thought. Traditionally, the words ‘hard-core’ and ‘Episcopalian’ aren’t thought of as words that go together. Hard-core Baptist, perhaps. But not hard-core Episcopalian. What does it mean to someone to be a “hard-core Episcopalian” and how do we get to that status? Or maybe think about it this way: Do you consider yourself a hard-core Episcopalian? Who do you know that you would consider a hard-core Episcopalian? What is it about them that makes them “hard-core”?

Our Catechism tells us that the duty of all Christians is “to follow Christ: to come together week by week for corporate worship; and to work, pray, and give for the spread of the kingdom of God” (BCP, 856). The bottom line is that we are Christians, we just happen to express our beliefs and our worship in a certain way through the denomination of the Episcopal Church. Our response to God’s love as a Christian is a life commitment to following Jesus. That is hard-core. With this in mind, our duty as Episcopalians is to live out our duty as Christians, and, if we take this life commitment seriously, then perhaps we would be considered hard-core Episcopalians, too.



No matter if you are a bishop, priest, or deacon, we all start out and are called, through our baptism, into ministry of the laity. This is foundational to every person's ministry that they will ever do. As it says in our Catechism, "The ministry of lay persons is to represent Christ and his Church; to bear witness to him wherever they may be; and, according to the gifts given them, to carry on Christ's work of reconciliation in the world; and to take their place in the life, worship, and governance of the Church" (BCP, 855). Our ministry is not just gathering together on Sunday. It permeates all of our life—at the church and in the world. Our actions as Episcopalians, as Christians, speak louder than words.

I have often wondered if you come to church for services, but don't participate in the life of the community you are worshipping in; or only come to church events without participating in any worship services, how you will be able to deepen your spiritual life and build up the Body of Christ by using your gifts, as we are called? We need both for spiritual sustenance. Or if you come to church on Sunday, but live a completely different life the rest of the week, then how are you carrying on Christ's work of reconciliation in the world? How else will people know about Jesus...about the love God has for them, if you don't show them through your actions? How is your life speaking the Gospel to others?

As our summer slips away, and we start thinking about all the things that we have to do for the fall, I encourage you to meditate first on where God is calling you in your life and in the life of our church community to be the hands and feet of Jesus. Consider joining our Mutual Ministry Discernment group if you are unsure what God is beckoning you to next and if you already know what you're called to, get plugged in to the many ways St. Andrew's invites you to go deeper. Where your passion is and where the need in the world intersects—that is your vocation—that is where God is calling you to be a "hard-core Episcopalian"!

Be peace, be light, be love! ~Mo. Danae+

## Children, Youth, & Families



### **Rooting Out Racism Children's Series**

August 15th - September 5th

Online at 9AM and In-person at 10AM

Due to the ongoing pandemic, Rebecca will continue to host BOTH an online and in-person children's chapel to allow families to choose what is best for their children.

All ages 3+ (and children under 2 and under with parents) are invited to the following on Sundays through September 12th at which date we will begin our formal Sunday school time.

During this time, we will be having a companion series for children to parallel our adult series on rooting out racism.

Note that this is a change in children's offerings. We were going to have in-person only for children during the month of August but with the Delta variant and no vaccines for children 11 and younger, we want to make sure that family choice is paramount so we will be offering both choices.

Here are the NEW details for Sunday Mornings:

**9AM: Online.**

Details: <https://us02web.zoom.us/j/85310551641?pwd=WFVsdU1ZcVB4aJlJOM2QrOWZkMEZnQT09>.

**Meeting ID:** 853 1055 1641 **Passcode:** 370762

**10AM: In-person.**

Details: Following the Gospel, children will meet in the Narthex (back of the church) with their masks on and we will go outside for learning and play. We will return to be with our parents in the pews at The Peace so that we may all join in Communion with one another.

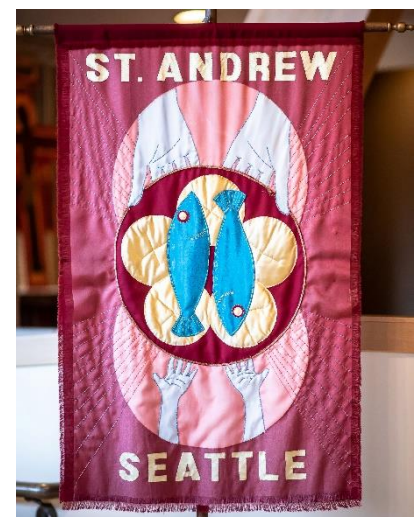
\*\* There are still activity bags for children in the Narthex for in-person worship.



## The Stewardship Corner

The word “stewardship” can be problematic for church congregations. Too often it is only associated with money and, especially, the annual event of the fall pledge drive. But stewardship is really about God’s abundance and care for us! Stewardship is the gracious care we give to something that has been entrusted to us! God hopes and desires that this will be a joyful experience for us filled with wonder. In the first Article of the Nicene Creed we say, “We believe in one God, the Father, the Almighty, maker of heaven and earth, of everything that is, seen and unseen.”

So, it is through our baptism and deeper journey in Christ we find that responsible stewardship is not really about money, but it is about fulfilling Christ’s mission and ministry in the world through the right use of all God’s blessings entrusted to us. Stewardship is not a choice; it permeates everything



we do. We make decisions about how we use our time, money, and talent each day.

We encourage all in our parish to spend time reflecting and praying about God's generosity in your lives? Has God blessed you with material goods and financial resources? Has your life changed, and you have more time to serve? Do you have gifts that can build up the Body of Christ at St. Andrew's or serve those in our neighborhood? Do you have unique skills and talents that you would be willing to share?

Our parish needs generous stewards to revitalize our ministries and engage in new ones. You can find the list of ministries that are in need here [Volunteer & Stewardship - St. Andrew's \(saintandrewsseattle.org\)](https://www.saintandrewsseattle.org/volunteer-stewardship). Some a totally new such as Kitchen Steward, LOG Editor, SCRIP Marketing Coordinator, or Rental House Mower. As you pray about your stewardship commitment for the next year, please consider joining a new or existing ministry.

Please contact Fr. Rich at [richw@saintandrewsseattle.org](mailto:richw@saintandrewsseattle.org) or Natalie at [nataliei@saintandrewsseattle.org](mailto:nataliei@saintandrewsseattle.org) for more information. Thank you!

## The Admin Corner

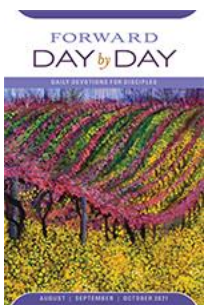
Hello all!

I know this is a confusing time in terms of building use now that we ARE attending in person services on Sundays in the Sanctuary. You'll notice that a lot of signs are up in the hallways guiding you where to go, and noting where only staff should go, etc. This is because until September 12th (if all continues to go as planned!) the building is actually **still closed Monday-Saturday**. This means that myself and the rest of staff are primarily still working from home for now (all of our regular hours! Just from home mostly). I am currently working remotely (at home) from 10am-6pm Monday-Thursday, except for when I need to come in to do specific work in the building (packing Manna Bags, printing bulletins, etc.) However, if you give me some notice, I will absolutely come meet you at the church for anything that you need (some of you have been doing this already! and it's been nice to see you! 😊). A day or two's notice works great! Sometimes same-day notice works, depending on the day and meetings I have online, etc.



**\*\*If you are a keyholder at St. Andrew's, and you need to quickly stop by, you no longer need to make an appointment with me to do this. If you need to be in a space at the church for 30 minutes or longer, however, I need to reserve space for you on the calendar, so please let me know in advance.\*\***

Thank you so much for your patience and understanding with all of this, I really appreciate it!



***Forward Day By Day is on the way! We did not receive our automated shipment in time to get it to you by the start of August, we are sorry for the delay!***

Warmly,

Natalie, Parish Administrator ([nataliei@saintandrewsseattle.org](mailto:nataliei@saintandrewsseattle.org))

## Meet The Custodial Staff

### Emerald Sea Cleaning

*Meet the wonderful custodial staff of St. Andrew's!*

Danah, Gabriel, Alma, and Alex of Emerald Sea Cleaning have been working with St. Andrew's for some time now and are excited to be getting to know the parish!

Danah (top left) is the business manager of the company and schedules all of the cleanings for us, whether they are regular weekly cleanings, or special cleanings surrounding important events here at the church. Gabriel (top right) is Danah's uncle. Alma (bottom left) and her son Alex (bottom right) are here at the church every Saturday getting the building ready for Sunday morning worship.



Emerald Sea Cleaning is a family company that has been in business for more than 10 years. The family is originally from Mexico and has been here in the Seattle area for more than 25 years. They love spending time together and traveling together. They are super fans of the Seattle Seahawks and all things soccer! Uncle Gabriel loves to cook 😊

***If you see them in the hallways, say hello!***

We are SO excited to have you here, Danah, Gabriel, Alma, and Alex! Thank you for all of the great work you do, and all that you did to keep us safe in our building sanitizing high volume areas at the peak of Covid! We are grateful and very happy to have you with us.

## Community & Ministry Updates

### Manna Bag Assembly (street survival kits) at Donna Austin's Memorial Reception

To the friends and family of Donna Austin:

Donna requested that her memorial service be a reminder for us to love our neighbors as ourselves. In honor of that we are setting up an assembly area to create street survival kits. Please choose an item from this list to bring on August 14th. [Click here for the Sign-Up Genius list of supplies.](#) Thank you! ~Emily Austin



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# One World



## TENT CITY 3 is at ST. MARK'S

Our Cathedral is currently hosting Tent City 3 until mid-September. This community is well regulated with no drugs, no weapons, no alcohol, no violence and no prior sex offenders allowed. As of 2 weeks ago, there were 50 residents (no families). At the entrance, friendly greeters answer your questions and accept donations. I just returned from bringing a donation of water, toilet paper, and the huge bag of plastic spoons I found (almost tossed) in our kitchen.

We need to show the residents of Tent City 3 our Episcopal generosity. St. Dunstan's, Seattle provides a regular meal every Tuesday. St. Andrew's, Seattle is planning one also!

Please consider helping (and generously!) from your abundance. See below list of donation needs and contact information.

*--Submitted by Cris Blair, Bishop Task force member, for the One World Committee*

### Current TOP DONATION NEEDS--Drop donations by anytime!

- Tents/tarps/sleeping mats/cots/sleeping bags/BLANKETS.
- Building supplies are always needed (lumber of all types, zip ties, nails etc.)
- Kitchen supplies (can openers, aluminum foil, saran wrap, paper plates, bowls & cups)
- Canned/non-perishable food products. Bottled water.
- Toilet paper. Cleaning supplies and hygiene products. Camping supplies (flashlights, batteries etc.)

We greatly appreciate all the help we can get during these hard times.

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### **A note from AIDNW (Advocates for Immigrants in Detention Northwest):**

Hello AIDNW supporters!

AIDNW volunteers have been serving as many as 30 released detainee guests each day. Large numbers of immigrants requesting asylum are being brought to Tacoma's NW ICE Processing Center from the southern border, given a court date and released after a short time. Our volunteers are working in shifts at the

AIDNW Welcome Center from 1:30 to 7 PM Monday through Friday and sometimes later, helping guests plan travel all over the country to reach their family members. This uptick in guests is straining our resources, and ICE has told us that this level of releases is expected to continue indefinitely. We ask for your support. We are looking for additional volunteer drivers, Welcome Center volunteers, help with social media, supplies and monetary contributions. You can see our program descriptions and services here: <https://aidnw.org/our-programs/>, our Amazon wish list and donation link here: <https://aidnw.org/how-to-donate/>, and our volunteer application on this page: <https://aidnw.org/get-involved/> You can also send checks to our office at 1915 Sheridan Ave Tacoma, WA 98405.

It takes a village! We are grateful for all of our community support.

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## The Green Corner – Creation Keepers



### Climate Action

Individual actions help limit the damage to the environment from climate change, pollution and ecological destruction. But real success in this effort demands bold action from government and from those corporations that care about more than bottom-line profit.

This spring, Washington State passed three very significant laws on environmental protection and environmental justice. (To learn more, see this [report](#) from the [Faith Action Network](#).)

But states are limited in what they can do, and prompt federal legislative action is essential to avoid the worst of the worsening climate emergency. There are numerous proposed bills in the Congressional hopper, but significant climate action must be approved and funded this year, which means a strong start must be included in the 2022 budget.

Please get involved, as your future and your children's future depends on it.

Join a non-partisan or faith-based environmental organization that is lobbying Congress to pass meaningful legislation. One suggestion: [350 Seattle](#) has a well-informed Federal Policy Group that is following the federal legislative process closely. They can help you avoid backing proposals that sound good on paper but do little or nothing to deal with the problem. Another good source for information and action is [Earth Ministry](#).

Pending legislation can be treacherous territory as there are many vested interests at stake, not all of them benign. The worst proposals are "greenwashing" that protects the environment-damaging status quo. Hypothetical high-tech "solutions" which have little or no track record often get too much attention and even funding, while less glamorous actions, proven to be essential to reduce existing greenhouse gases, go unfunded or underfunded.

If you have questions, feel free to [email me](#).

--David Newman for Creation Keepers

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## House Church

*"In our formal rituals around Communion, we sometimes forget that the Last Supper occurred as a group of friends sharing a meal. This alternative way to remember Christ's sacrifice and love can be used with friends and family members of all ages, and is ideally shared with a meal around a table" (Celtic Daily Prayer: Book Two, 950).*

### **What we're hearing about House Church groups:**

- It's a group where I have built relationships with others at St. Andrew's in ways I wasn't able to before.
- It's a group where I can ask questions about my faith without feeling silly or judged.
- It's a group that has gotten me through the pandemic.
- It is the most meaningful prayer group in which I have been a member and complements Sunday worship each week.
- I hope everyone will join a group!

Now is your chance to join a House Church group if you haven't before. See the details below:

We're delighted to continue the House Church experience by continuing with your current group and adding new groups this year!

With the ever-changing pandemic guidelines, we "seek and serve Christ in all persons" by following protocol that protects the health and safety of others. For St. Andrew's House Church Groups, this means participating in a small group of eight people virtually (one 'person' virtually can include anyone in the same household sharing the same screen) or in a small group of people in-person practicing physical distancing (as needed), wearing masks (as recommended by the CDC), washing our hands and using hand sanitizer, and whatever other precautions are necessary.

St. Andrew's will provide a liturgy for you that will be posted after we assign the small groups to help you begin and we encourage groups to use our *Book of Common Prayer* and other resources for prayer together, as well. Our hope is that you are able to worship together and meet different people in the congregation.

**[SIGN UP HERE by August 15th!](#)**

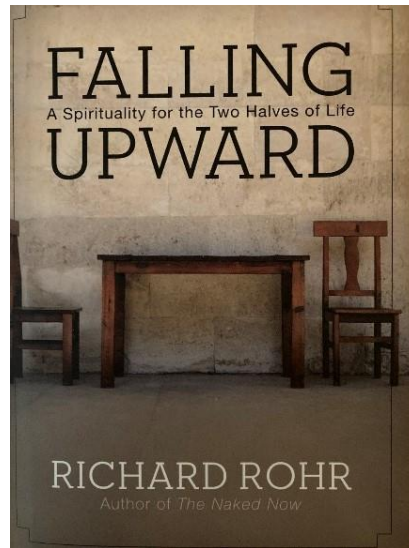
If you're interested in participating, please sign up using this Survey Monkey link. It will ask you several questions about how you wish to participate and what roles you may serve.

<https://www.surveymonkey.com/r/WQFFB6L>

- Assigned groups will begin the week of September 12th and each group decides when and how frequently they will meet.
- Everyone who signs up is a participant, but additionally you can sign up to be a Host or Prayer Leader.

**Please sign up by Sunday, August 15th @ Noon so we can assign you to a group.** Please let Mo. Danae know if you have any questions: [danaea@saintandrewsseattle.org](mailto:danaea@saintandrewsseattle.org) or 425.248.9224.

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Curious about the second half of life or just looking to make the most of where you've been and where you are going? Come join Br. Stephan on Tuesday's beginning on September 14<sup>th</sup> at 7:00pm for a look at Richard Rohr's book *Falling Upward*. This will be a 13-14 week book study via zoom with discussion questions lasting 1 ½ to 2 hours depending on the size of the group. For more info & to sign up, contact Br. Stephan at 206-781-4560 or [gerhardt\\_stephan@yahoo.com](mailto:gerhardt_stephan@yahoo.com) New and used copies of this book can be purchased on Amazon.

Join Zoom Meeting <https://us02web.zoom.us/j/89907909843>

**Meeting ID:** 899 0790 9843

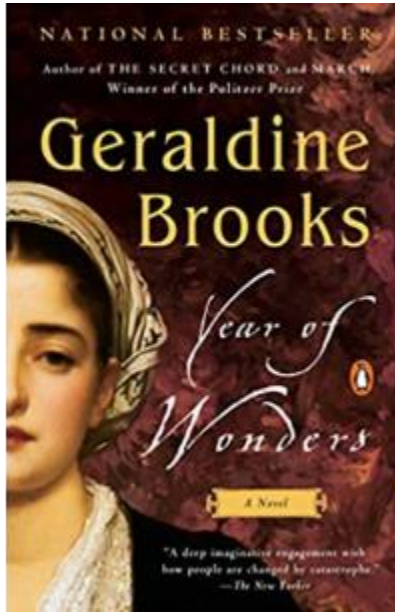
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## The St. Andrew's Book Group



The St. Andrew's Book Group will meet Thursday, August 19th at 7:00 p.m. via Zoom. We'll be discussing Year of Wonders by Geraldine Brooks. Based on a true event, it is set in an English village to which the plague comes in 1666; Brooks imagines what happens after the villagers decide to quarantine themselves to avoid infecting the towns around them.

All are welcome. Email Kelli Jayn Nichols at [lilachouse@comcast.net](mailto:lilachouse@comcast.net) or Laurie Stewart at [lkstewart@att.net](mailto:lkstewart@att.net) to be included in the Zoom invitation.

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## Do you like to visit people?

We need some people to help bring communion to those who cannot come to church. For several reasons, we visit "Two by Two" which means we could use some people to be paired with Eucharistic Visitors to extend our Eucharistic celebration to those who can't physically come to church. You don't need to be licensed or have any training at all (we have people to cover that part)! All we need is your presence at a visit and for you to be fully vaccinated. If you are willing to lend your presence, please contact Theresa Newell 402-238-8325, [theresa.newell01@gmail.com](mailto:theresa.newell01@gmail.com).

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## St. Andrew's Card Ministry

The St. Andrews card ministry would like to assure you that the art of card writing is not lost! If you've been looking for a place to express yourself in ministry come join us in providing a little something for our parishioners in honor of their birthdays. For more information contact Theresa Newell at [theresa.newell01@gmail.com](mailto:theresa.newell01@gmail.com) or Br. Stephan Gerhardt at [gerhardt\\_stephan@yahoo.com](mailto:gerhardt_stephan@yahoo.com).

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## Flower Guild Ministry



We are so very happy to begin our journey back to in-person church and look forward to continuing to provide fresh floral arrangements for our gatherings.

In order to have fresh flowers every Sunday we ask that you consider supporting this ministry. There are a few ways that you can help. Currently there are only two of us (me & Carol Glasser) arranging flowers so we could really use more helping hands. Absolutely no experience is necessary. If you are a bit hesitant, I will be happy to spend time showing you the process until you feel comfortable arranging on your own. At some point, we would like to create a process for getting flowers to shut-ins after all of the Sunday services and help in this area would be needed. Also, donating toward the purchase of fresh flowers to honor a special day is always appreciated. Natalie will be publishing a calendar for sign-ups.

In a nutshell, the Flower Guild asks that you prayerfully consider helping in one of these ways:

- Arranging flowers
- Delivering flowers to shut-ins
- Donating toward Sunday flowers

Thank you! Blessings to you Always,  
Judy Bryant ([judybryant49@gmail.com](mailto:judybryant49@gmail.com); (425) 582-9585)

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## St. Andrew's Showcase



**The Showcase is OPEN on Sunday Mornings!**  
We need someone to help with 8am coffee hour sales!

The jams and jellies of the St. Andrew's Showcase continue to be available through Sherry Garman and Margo Smith! There is a good stash at The Showcase at the church which will be available for purchase on Sunday mornings. Other showcase items will also be available for sale. Call Sherry (206) 364- 4707 (plan to leave a message) or Margo Smith (206) 800-5154) with any questions.

**Zucchini Relish; Rhubarb Jam; Blackberry-Rhubarb; Apple-Grape; Strawberry; Orange Marmalade; Banana-Honey Jam; Concord Grape jelly; Raspberry-Cherry; Raspberry Jam; Carrot-Pineapple Marmalade; Blueberry-Rhubarb; Cherry-Pecan Preserve; Blackberry-Concord Grape; Strawberry-Blackberry Jam; and Raspberry Jelly.**

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**Finger Labyrinth Walks with  
Donna Hawkins  
Thursdays @2pm**

Our labyrinth is out in the fresh air, feel free to go and walk it whenever you have the time. Just remember, if you are not with members of your household you should keep physically distanced. I recommend one person walk and when they are done the next person can do their walk.

St. Andrews weekly Finger Labyrinth Walks are continuing in 2021. Every Thursday at 2 pm. The attached Link is for 2021 only. This is a fabulous way to relieve the stresses that are occurring during our stay at home time. Come join us.

If you would like to join but are hesitant, please contact Donna Hawkins [busybeedgh@gmail.com](mailto:busybeedgh@gmail.com) or 206-849-4989 and I can give you a brief explanation of what a labyrinth is and what we do in these walks.

Topic: St. Andrews Weekly Finger Labyrinth Walks

Time: Jan 02:00 PM Pacific Time (US and Canada)

Join Zoom Meeting: <https://us02web.zoom.us/j/87032821917?pwd=Y0xTMjdjbUNtSmdleGtrRmFoMkJPZz09>

**Meeting ID:** 870 3282 1917 **Passcode:** 226792

Peace and Health,

Donna Hawkins • Veriditas Advanced Certified Labyrinth Facilitator • Walk for Peace and Solace – dgh

Here are the finger labyrinths for you to print:

- [Chakra Vyuha Labyrinth](#)
- [Medieval Labyrinth](#)
- [Celtic Triple Labyrinth](#)

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## FamilyWorks Food Bank



**FamilyWorks:** Our 2021 School Supply drive is kicking off and we have a small favor to ask – **Would you help us get the word out** for this important program and support even more families this year? *Or can you donate?*

Getting "the word out" could be as simple as:

- "[Liking](#)" or "sharing" one of our facebook posts about the School Supply drive
- Sharing our [Back To School webpage](#) with your community
- Forwarding this link to our [Amazon wish list](#) for purchasing school supplies

If it's easier, you can also make a cash donation towards the purchase of school supplies. There is a donation option at the bottom of our [Back to School webpage](#).

**\*Quick note** - the deadline for purchasing or donating school supplies is **Friday, August 6th**. This is to help us have everything ready for our Back To School event.

Thank you so much for supporting local students! Please let me know if you have any questions!

**Edsel Blanche | Family Programs Coordinator | MSW**

[CLICK HERE](#) to support local students and help them thrive on their academic journey.

*FamilyWorks connects neighbors and families to nourishing food, essential resources and a supportive community, so people can build resiliency to meet life's challenges. FamilyWorks advocates with dignity, inclusion, and empowerment.*

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**Please pray for those who celebrate *birthdays* in July:**

Rich Ater, River Blindheim, Van Bobbitt, Graham Canestaro, Colin Cassady, Kate Catchpole, Matthew Cauble, Elliott Derse, Arthur Edlefsen, Hannah Figgat, Suzanne Foisie, Isabelle Gargette, Melba Henley, Josephine Henry, Lois Hoff, Vincent Jones, Katherine Krentz, Allie McGehee, Alton Naumann, Georgia Oistad, Cole Pettit, Wes Rogers, Sarah Sliker, Mel Vannice, and Evie Vigdor.

***We thank God for the gift you are to us all and pray that you will have a new year of blessings!***

**We pray for those who celebrate *anniversaries* in July:**

Donna & Jim Hawkins; Mary & Bruce Katka; and Cara & Rebecca Kirkpatrick.

*(These lists are from the information in our database. If you have a birthday or anniversary this month and do not see your name, please update your information with Natalie, Parish Administrator [nataliei@saintandrewsseattle.org](mailto:nataliei@saintandrewsseattle.org).)*

**We pray for those who are *sick, infirm, or recovering from illness*:**

Enid Haag; Raymond Swain; Bruce Franklin; Donna Hawkins; Shirley Gates; Jerry Morgan; Peter Ober; Betty Jo Michaelini; Rachel Herbert; Robert Lincecum; Kim Spadafora; Nancy, sister of Ruby McLachlan; Lisa Martin; Connie Carlson; Doug Speers; Mike Rizzotti; Gerry Soike; Kathy Franklin; Marilyn L'Esperance; Jan Ellichman; Bethany Erickson; Sven and Bernie Couch; Marina Legorreta, friend of Natalie Ingrisano; Donnie Stolte, family-friend of Natalie Ingrisano; Lloyd Lewis, brother of Bruce Lewis, Brad Daley's brother-in-law, and Sherry Garman's son-in-law; Jim Bourey; and Todd and Cindy Tegman.

**We pray for those who are *grieving*:**

Mary Lou Strandoo, who is grieving the death of her husband, Orv Strandoo; Cara & Rebecca Kirkpatrick, who are grieving the death of Cara's father, Mike Lancetot.

**We pray for our *deceased parishioners and friends*:**

Orv Strandoo; Mike Lancetot, father of Cara Kirkpatrick.

***O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever. Amen.***

**The parish will be celebrating some funeral and memorial services in the coming months as we resume public worship.** Exact details are still being arranged. Some service times are yet to be determined.

August 7	Jeannette Sylliaasen	1pm
August 14	Donna Austin	1 pm
August 21	Peter Hudson	11 am

Please contact Fr. Rich at 206-383-5600 or [richw@saintandrewsseattle.org](mailto:richw@saintandrewsseattle.org) to schedule a funeral or memorial service. Please pray for the repose of the soul of these faithful parish members and kindly remember their families in this time of painful transition.

Our baptismal commitment calls us to pray for the world and the needs of our community. We are honored to pray for those who are experiencing any sort of trouble, illness, or grief. In general, we wish to pray fervently for those who are experiencing an acute crisis. Those experiencing chronic difficulties are commended to us for our personal prayers. Here are some general guidelines about how prayer requests will appear on our various prayer lists (Prayers of the People, Prayer Lists in *The Log*, and the Weekly Bulletin).

**Prayers for Those with a New Illness or Injury:**

People will be placed on the list for one month. If the condition is permanent or progressive, parishioners may request that the person experiencing the illness be kept on the list. Sometimes, people with chronic illnesses experience an ebb and flow in their symptoms. Our pastoral care team will check in with these people regularly to offer pastoral support and ask whether the person would like to be kept on the list.

**Prayers for Those Who are Grieving:**

Grieving parishioners will be placed on the list for prayers for two months. We will then place them back on the list for prayers for another month on the one-year anniversary of the loss.

**Prayers for Those Who have Died:**

We pray for all who have died whenever we gather for the Divine Office and the Eucharist. Deceased parishioner and friends will remain on our published prayer lists for one month.

## St. Andrew's Vestry & Staff

### 2021-2022 Vestry: (\*Non-voting member)

Mary Katka (Sr. Warden)

Gretchen Hayslip (Jr. Warden)

Cris Blair

Margaret Cassady

Brad Daley

Ken Feldman

Levana Fletcher

Jim Hawkins

Jay Gillette

Chris Jones

Liz Santiago

John Tait

### St. Andrew's Staff:

All Members are Ministers

The Rev. Richard Weyls, Rector ([richw@saintandrewsseattle.org](mailto:richw@saintandrewsseattle.org))

The Rev. Danáe Ashley, Associate Rector ([danaea@saintandrewsseattle.org](mailto:danaea@saintandrewsseattle.org))

The Rev. Rebecca Kirkpatrick, Priest Associate for Children, Youth, & Families  
([rebeccak@saintandrewsseattle.org](mailto:rebeccak@saintandrewsseattle.org))

The Rev. Connie Carlson, Priest Emeritus

Tim Drewes, Director of Music ([timd@saintandrewsseattle.org](mailto:timd@saintandrewsseattle.org))

Natalie Ingrisano, Parish Administrator ([nataliei@saintandrewsseattle.org](mailto:nataliei@saintandrewsseattle.org))

Kevin Deffinbaugh, Bookkeeper ([finance@saintandrewsseattle.org](mailto:finance@saintandrewsseattle.org))